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Tiffin
BITES CAFE

TIFFINBITESCAFE.COM

BANGLADESHI AND INDIAN FOOD AS IT SHOULD BE!

At Tiffin Bites Café, every dish has a story. Inspired by the vibrant café culture of India and Bangladesh, we bring people together over simple, hearty meals just like back home.

Our journey started with one idea, honour tradition while keeping things fresh and healthy. We use wholesome ingredients (we even grow some ourselves!) and balance bold spices with goodness in every recipe. From fragrant biryanis to comforting dhaals and street food favourites, every bite is full of flavour and care.

Tiffin Bites isn't just food, it's a taste of home and a little adventure all in one. Whether you're after comfort or something new, we've got you covered.



DELIVERY INFORMATION

WE CURRENTLY DELIVER TO THE FOLLOWING AREAS. IF YOU'RE NEARBY BUT NOT ON THE LIST, DON'T WORRY CHANCES ARE WE CAN STILL GET TO YOU! GIVE US A CALL TO SEE WHAT WE CAN DO FOR YOU:

PITSEA | BASILDON | WICKFORD | BILLERICAY | BENFLEET | RAYLEIGH | LAINDON | STANFORD-LE-HOPE

ALLERGEN INFORMATION

If you suffer from a food allergy or intolerance, please let us know before you place your order
To view our allergy matrix please visit our website.

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STARTERS/SMALL PLATES

Perfect for snacking or sharing, these bites pack big flavours!

Papachos Crispy poppadum shards loaded with spiced mince, cheese sauce, topped with a fresh red onion and tomato salad, and finished with pickled chilli chilli	£5.95	Tikka Juicy, chargrilled skewers in your choice of chicken, lamb, or paneer	£5.45
Onion and Kayle Bhaji Golden-fried onion fritters, lightly spiced	£4.95	Punjabi Samosa Crispy triangles stuffed with vegetables	£3.95
Amritsi Panfried Fish Lightly spiced tilapia fish coated in a gram flour batter	£6.95	Chicken Pakora Bite size succulent chicken coated in spiced gram flour	£4.95

TANDOORI GRILLS

Smoky, chargrilled dishes straight from the tandoor served with salad and a choice of nan bread or fries. Add a can drink for just £1.50

Tandoori Chops (3pcs) Tender, beautifully spiced lamb chops slow cooked over charcoal	£13.95	Tandoori King Prawns Plump jumbo tail on king prawns marinated and flame grilled in the Tandoor	£14.95
Tandoori Chicken Half £9.95 Full £13.95 Half or whole chicken marinated and grilled to perfection		Tandoori Chili Wings Fiery wings packed with flavour and birds eye chilli flakes	£8.95
Achari Paneer Pickled-spiced cottage cheese cubes, grilled to perfection with peppers and onions	£8.95	Sheek Kebab Minced lamb spiced and grilled on skewers in a clay tandoori oven	£8.95
Tandoori Trout Marinated Trout grilled with aromatic spices and charred vegetables	£12.95	Tikka Shashlik Juicy skewers of meat, paired with charred veg. choice of chicken or lamb	£11.95

BIRYANIS

Lamb Biryani Layers of tender lamb, basmati rice and potatoes garnished with a traditional salad	£10.95	Chicken Tikka Biryani Chicken Tikka layered in spiced basmati rice garnished with a traditional salad	£11.95
Vegetable Biryani Layers of Vegetable and paneer, basmati rice and boiled egg, garnished with a traditional salad	£9.95	King Prawn Biryani King Prawns layered in spiced basmati rice garnished with a traditional salad	£12.95

VEGETARIAN SIDES

Bhindi Fresh okra stir-fried with onions, tomatoes and traditional spices.	£4.95	Mushroom Sabzi Button mushrooms cooked with onions, tomatoes and aromatic spices.	£4.95
Tarka Dhal Tempered lentils with garlic, cumin and vegetable ghee for a comforting finish.	£4.95	Brinjal Fresh Aubergine stir-fried with garlic, onions and traditional seasoning.	£4.95
Sag Aloo Baby potatoes simmered with fresh spinach and subtle spices.	£4.95	Bombay Potatoes Classic potato curry infused with turmeric and fresh coriander.	£4.95

THE TIFFIN BITES

Your choice of toppings served on a choice of either boiled Rice, Pilau Rice or Naan Bread. Add extra toppings for £2.50 each. Add a can of drink for just £1.50

Butter Chicken Pulled tandoori chicken simmered in a rich, creamy and buttery gravy.	£7.95	Saag Gosht Tender lamb simmered with spinach and aromatic spices.	£7.95
Chicken Tikka Masala Succulent chicken tikka cooked in a velvety masala sauce with a distinctive red hue.	£7.95	Bhuna Gosht Lamb cooked with onions, tomatoes and bold spices in a thick, dry-style sauce.	£7.95
Garlic Chicken Tikka Chilli Bhuna Spicy chicken tikka stir-fried with garlic, fresh chillies and aromatic spices.	£7.95	Karahi Gosht Lamb cooked with peppers, onions and fresh tomatoes in a robust karahi style sauce.	£7.95
Vegetable Sabzi A vibrant tawa-cooked curry of seven fresh vegetables with aromatic spices.	£7.95	Chana Bhuna Chickpeas simmered in a thick bhuna-style sauce with onions, tomatoes, and spices.	£7.95

CHAAT STATION

Street-style tangy, sweet, and savoury snacks. Add fries or Puri for £1.50. Add can of drink for just £1.50.

Samosa Chat Crispy samosa topped with tangy yoghurt and chutneys.	£4.95	Chicken Chat lightly spiced sliced and diced chicken in chutneys and yoghurt.	£4.95
Aloo Tikki Chat Potato patties drizzled with sweet and spicy sauces.	£4.95	Chana Chat Spicy chickpeas tossed with onions, tomatoes, and tamarind.	£4.95

QUICK BITES

Quick, tasty, and perfect for on the go cravings. Add a can of drink for just £1.50

Sheek Kebab Roll Fresh lamb skewers wrapped in a soft puri with house salad and sauces	£7.95	Achari Keema Naan Naan Naan with lightly pickled minced lamb. Garnished with salad and pickled chilli	£5.95
Chicken Tikka Wrap Juicy chicken tikka wrapped in fresh naan with house salad and sauces	£7.95	Jalfrezi Fries Crispy fries tossed in onions, garlic and chilli flakes	£4.95
Garlic Keema Naan Naan with spiced minced lamb. fresh garlic and coriander	£4.95	Regular Fries Golden and crispy, the perfect snack.	£2.95

PAV WALA (INDIAN BURGERS)

Chicken Tikka Pav Tikka breast in a soft white bread roll with cheese, red onions, gherkins and pickled chilli	£6.95	Vada Pav Spiced potato fritters layered in a soft white bread roll with, house sauce and salad	£5.95
Keema Pav Lightly spiced mince lamb layered in a soft white bread roll with house sauce and salad	£5.95		

DRINKS

Can 330ml Coke, Diet Coke, Fanta Lemon, Sprite	£1.95
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